



613-692-3243

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[www.manoticklegion.ca](http://www.manoticklegion.ca)

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**Royal Canadian Legion**

South Carleton Branch 314

5550 Ann St, PO Box 123

Manotick ON K4M 1A3

*Lest we forget*

**Vol 12 Issue 4**

**July - August 2023**

**Branch hours are Tuesday to Saturday 1-5 pm.**

Proof of vaccination is no longer required, but all are encouraged to continue wearing masks, washing hands, and social distancing.

### PRESIDENT'S MESSAGE



Hello Comrades. Thank you for electing me as your president for another term. We have some new and remaining executive; we all have a common goal to assist our veterans and membership. Please feel free to contact one of us with your concerns. Hopefully there won't be any. However, the invitation is there. I have a prospective member who hopefully will take over for Rob Sova as Treasurer. This will be confirmed June 26. An e-mail will go out to let everyone know. Rob has done a meticulous job in his role as treasurer. He will be missed and we wish him well in his new endeavours.

On Wednesday, June 14, Peter Bachelor and myself attended the 45<sup>th</sup> Annual Awards Ceremony for the 2958 Royal Canadian Army Cadet Corps and presented a plaque and medal to recipient Master Warrant Officer Mackenzie Gendron—a very deserving cadet—for meeting all the requirements of the annual mandatory training program.

I wish everyone a safe and happy summer. Our next general meeting will be in September. The Legion is open all summer so come out and support your legion for the Bar-b-q's on Fridays and the bar for a cold beverage.

In comradeship, **Shirley Spinks** [shirleyspinks48@gmail.com](mailto:shirleyspinks48@gmail.com)

### CHAPLAIN'S MESSAGE A New Hope

Fr. **Ed Montano** †, Branch Chaplain  
613-355-4776, [rev.ed.montano@gmail.com](mailto:rev.ed.montano@gmail.com)



You may not know this, but I'm a big fan of Science Fiction, in both movies and TV. One of my favourite movie franchises of all time is the Star Wars franchise (don't worry Star Trek fans, I love Star Trek too!). I was a wee lad when Episode IV was first released back in 1977. Completely unbeknownst to me, and pretty much everyone else, there would be three episodes that would be released much, much later – in the next century and millennium – which are, in fact, prequels to the first released film.

These prequels would serve as foundations for what we all thought was the "original" movie, and they provided much background information so that we could understand the entire Star Wars saga much better. Only after the 'prequels' did I know that the first (1977) movie was titled, "A New Hope." If we were all living in that galaxy far, far away, all that long, long time ago, knowing all the background in the series, we would have also completely understood why that episode was titled A New Hope. And a new hope was what they needed on that tiny moon of Tatooine.

You must be asking, 'what does this have to do with us here and now?' Well, I hope it has a lot to do with us and our Legion. When I first became your chaplain, I was full of excitement to be here for you, to walk with you, and to get involved in the life of this Legion branch. I've met so many wonderful people who are dedicated and committed to making the lives of our veterans and their families, and our community at large, better, which continues to be a divine blessing to me. Along the way, I started to understand that there were challenges and difficulties that were just as much a part of this organization as they are a part of any other enterprise that strives to be of service. There are many different personalities, some that clash with others, and sometimes I've heard rather undesirable things from people towards others in the passionate heat of the moment. Indeed, I have wept a couple of times in my prayers for this Legion. This has very little, if anything, to do with the battle between good and evil. I know this because I also know that ALL our members and comrades have the purest of intentions, to serve our veterans who have given so much of their very lives so we can enjoy the freedoms and opportunities that we have today.

After last May's elections for a new Executive for the branch, I cannot help but feel that a new beginning has dawned on, a 'New Hope' so to speak. I know that every time there is change there may also be apprehensions, doubts, and concerns. It is, after all, human nature to be cautious (if not afraid) of change. However, as people of faith, and as people of service, we cannot afford to allow our fears and apprehensions to take over. Like the Jedi of the movies, we must face adversity and challenges with confidence and HOPE. Hope that we can continue to work together for our selfless common goal, that we can mend our problems and heal our wounds, that we can refocus our perspectives and bring them back to the very reason for which we are here. Let us use our God-given powers and resources for the good of others, for the good of those who have given so much and who are, much too often, neglected by the very system that they fought for. Like the Jedi of the movies, we have sworn our lives to Sovereign and country, not to our own wishes and desires, nor to the only way we think things ought to be done. Let us have, show, and share this new hope that our efforts for the good of others will bear much fruit, good fruit, and abundant fruit.

May the force and love of God be with you!



**Terry Middaugh**, ordinary member, March 27, 2023  
**Ken Goode**, ordinary member, May 5, 2023  
**Phyllis Bole**, ordinary member, May 14, 2023

*Our condolences go out to their families in their time of sorrow.*

### Army Cadets



The **2958 RCAC Corps** is open to youth of ages 12 to 18. Contact details are available at the Legion Office.

Email address: [contact@2958rcacc.ca](mailto:contact@2958rcacc.ca)

Website: [www.2958rcacc.ca](http://www.2958rcacc.ca)

Corps phone: **613-599-3355**

## Pennies for Homeless Vets

Drop off your pennies in the jar located in the lobby.  
The money collected will help veterans in need.

### Update on the Refugee Families

*Branch 314 supports the gathering of household treasures to be distributed to refugees from Afghanistan and the Ukraine in particular, and any other refugees who need help furnishing their new Canadian homes.*



**Barb and Margery** wish to thank you all for your incredible generosity of treasures for the refugees from Afghanistan, Ukraine and elsewhere. At present our warehouse is full because several families drastically downsized and donated.

We would like to spend all of July and August with our families at other locations so we will not be able to accept new donations at the Legion until September. We will let you know the date at a later time.

However, if you have a chesterfield or living room chairs for donation, please phone **Suzie**, at "From House to Home", 613-261-9635 or 613-878-4235 for Suzie directly. They are really needed.

Thank you for all you have given.

by **Barb Blair**, Chair, From House to Home, Manotick

# Thank You

Thank you to **Eric and Lorette Ellis** who deposited a large amount of pennies for homeless veterans on behalf of Comrade **Jim Duff**, a resident of Perley Health.



Photo by **Simone Bachelor**

Thank you to the individual who gave us a flag with this note. "This flag was purchased but is too large for our flag pole. I'm sure you can put it to good use. Thanks for all you do - for veterans and the community."



Thank you to all the other people who recently also dropped off pennies for our homeless veterans.

The Legionnaire is pleased to mention kind donations by members and families. Please submit to [nurseladybee@gmail.com](mailto:nurseladybee@gmail.com) or into **Simone's** mailbox.

## RECENT EVENTS

### Legion Medal of Excellence Presentation, June 14

Photo by **Greg Newton**

On June 14 the Legion presented the Legion medal of excellence to Master Warrant Officer **Mackenzie Gendron**. The medal was presented by **Shirley Spinks**, branch president.

In the photo (L-R) **Peter Bachelor**, cadet liaison, **Shirley Spinks**, Branch President, Master Warrant Officer **Mackenzie Gendron**, and **Lyle Brennan** CD, President of RCL642 Barrhaven.



## RECENT EVENTS

### Change of Command 2958 RCAC Corps, June 21

Photos by Lieutenant Josh Morton

Change of Command of Army Cadets 2958 RCAC Corps was held June 21. Captain *Konrad Shourie* has now been replaced by Captain *Stephanie Bowman* as Commanding Officer of the Corps.



Capt Shourie about to do his final inspection of the troops with Regimental Sergeant Major Cadet Chief Warrant Officer Nicholas Legere (right)



Capt Shourie bids the Corps farewell



Capt Shourie; Capt Bowman; Shirley Spinks, Branch President; Peter Bachelor, Legion Cadet Liaison



Signing of the transfer of command from Capt Shourie (L) to Capt Bowman (R)

### Poppy Fund Presentation to ROSSS

Branch 314 presented a cheque for \$4000, donated by the Poppy Fund, to ROSSS (Rural Ottawa South Support Services) on June 26.

(L-R): Councillor *David Brown*; Pres. *Shirley Spinks*; Chair, ROSS Board of Directors *Diane Pritchard*; *Margery Toner*; ROSSS Exec. Director *Kelly Dumont*; Councillor *George Darouze*.



Photo by Greg Newton

## RECENT EVENTS

### Branch 314 Annual Elections, May 15

On May 15, there was a good turnout for the General Meeting and annual elections. Guests to oversee and help conduct the elections were: Comrade **Julie O'Brien**, Past President, Branch 212, Kemptville; Comrade **Phil Wiseman**, a member of Branch 212; Comrade **Bryan MacRostie**, a member of Branch 212; and Comrade **Aubry Callan**, a member of Branch 212 and Elections Chair. The following Officers and Executive members were elected, and the Committee Chairs and standalone positions were subsequently appointed by the President.

<b>Officers</b>	President	<b>Shirley Spinks</b>
	1st Vice President	<b>Harvey Renaud</b>
	2nd Vice President	<b>Chris Bradford</b>
	3rd Vice President	<b>Dan Spitzig</b>
	Secretary	<b>Margery Toner</b>
	Treasurer	<b>TBA</b>
	Sergeant at Arms	<b>Roy Blair</b>
	Immediate Past President	<b>Winston Spratt</b>

<b>Executive</b>	<b>Peter Bachelor</b>
	<b>Susan Dufault</b>
	<b>Derk Duermeyer</b>
	<b>Susan Dufault</b>
	<b>Allen Galachiuk</b>
	<b>Bryan Mack</b>
	<b>Mark Phillips</b>
<b>Cathy Spitzig</b>	



2023/24 Officers and Executive. (L-R) **Roy Blair, Dan Spitzig, Mark Phillips, Chris Bradford, Harvey Renaud, Shirley Spinks, Sue Dufault, Bryan Mack, Cathy Spitzig, Judy McMillan, Margery Toner, Peter Bachelor**  
Absent from photo: **Winston Spratt, Derk Duermeyer, Allen Galachiuk**

<b>Mandatory Standing Committees</b>	Leadership Development	<b>Peter Delaney</b>
	Legion Seniors	<b>Bryan Mack</b>
	Membership	<b>Cathy Spitzig</b>
		<b>Susan Dufault</b>
	Poppy	<b>Judy McMillan</b>
	Public Relations	<b>Monique Nichols</b>
	Sports	<b>Dan Spitzig</b>
	Track & Field	<b>Mark Phillips</b>
	Veterans Service	<b>Bryan Mack</b>
	Youth Education	<b>Derk Duermeyer</b>

<b>Optional Standing Committees</b>	Archives & Memorabilia	<b>Rich McDonald</b>
	Bar	<b>Chris Bradford</b>
	Bursary	<b>Kris Schulz</b>
	Entertainment	<b>Allen Galachiuk</b>
		<b>Harvey Renaud</b>
	Finance	<b>TBA</b>
	Fundraising	<b>Peter Delaney</b>
	Honours & Awards	<b>Roy Blair</b>
	Office	<b>Kris Schulz</b>
	Property	<b>TBA</b>
	Strategic Planning	<b>vacant</b>

<b>Standalone Positions</b>	Army Cadet Liaison	<b>Peter Bachelor</b>
	Building Security	<b>Gerry Dean</b>
	Community Activities Liaison	<b>vacant</b>
	Facility Rentals	<b>Roy Blair</b>
	Legionnaire Newsletter	<b>Simone Bachelor</b>
		<b>Mark Phillips</b>
	Lottery Coordinator	<b>Harvey Renaud</b>
Webmaster	<b>Barbara Robson</b>	

<b>Special Committees</b>	Commemorative Naming	<b>Dennis Osmond</b>
	QEII Memorial Project	<b>Peter Bachelor</b>

## RECENT EVENTS

**Dickinson Days**  
June 2-4

*Held annually in celebration of the founder of Manotick and the first mayor of Ottawa, Moss Kent Dickinson (who became mayor in 1868)*

During this year's Dickinson Days, in addition to participating in the Saturday parade with its usual float, Branch 314 hosted an Open House and a fundraising BBQ, which were a tremendous success (see next page for details).



Photo by Simone Bachelor



Photo by Simone Bachelor



Photo by Greg Newton



(L-R) Susan Dufault, Annette Blaedow, Peter Delaney, Cathy Spitzig



Viewing the fireworks from the front of the Legion. Photos by **Melanie Wooley**



Photo by Greg Newton

Cadets from 2958 RCAC Corps

## RECENT EVENTS

### Legion Open House, Friday, June 2

Photos by Simone Bachelor

The Open House on June 2 was a great success! With the support of the *Kiwanis Club* of Manotick, our Legion hosted its first Open House as a fundraiser and also a public relations event for all who were attending Dickinson Days on June 2. We at the Legion did not expect the response we received. Our BBQ raised \$1000 in the two hours before the Dickinson Days parade and with the bar receipts we raised a net profit of \$1200 for our Legion.

We would like to thank those who volunteered in this event: our chefs **Allan Galachiuk** and **Harvey Renaud** and most importantly those who volunteered as greeters to the general public who dropped by to purchase a hamburger, hot dog or chicken on a bun to support the Legion. Thanks to: **Chris Bradford**, **Shirley Spinks**, **Patty Mcallum**, **Judy McMillan**, **Dianne Aubin**, **Derk Duermeyer** and **Melanie Wolley**, for coming to assist; and Bartenders **Pat Whalen**, **Chris Bradford** and **Kelly Hajdu**;

Thanks to **Cathy Spitzig** and **Sue Dufault** for making a table for membership and information on the banner program.

Finally, thank you to **Simone Bachelor** and **Mark Phillips** for the video presentation in Harmony Hall on the history and role of Branch 314.

At the executive meeting June 12, the executive of your Legion passed a motion that this open House become an annual event. See you at the open House in 2024!!!

**Peter Bachelor**, on behalf of the organizing committee



Greeters (L-R) **Peter Bachelor**, **Melanie Wooley**, and **Dianne Aubin**, with Chef **Harvey Renaud** sitting beside Peter



Bartenders (L-R) **Pat Whalen**, **Chris Bradford**, **Kelly Hajdu**

### WWII Commemoration Tour in Holland (cont'd on pg 7)

Branch members **Terry** and **Gladys Hunter** embarked on a WWII commemorations tour throughout Holland during the month of May. Dressed in Authentic WWII uniforms, they participated in three to four ceremonies a day, including many parades, memorials and cemeteries.



## RECENT EVENTS

### Membership Service Presentations

Photos by Dan Spitzig

At the general meeting on Monday, March 21, service awards and pins were handed out by **Cathy Spitzig** and **Susan Dufault**, of the membership committee.



**Photo 1** 20+ yrs of service **Associate Members**

Cathy Spitzig (membership co-chair), Shirley Spinks (president), **Douglas Renaud** 35yrs, **Catherine Foley** 40yrs, **Ian Burleton** 40yrs, Susan Dufault (membership co-chair), Roy Blair ( Sgt at Arms)

Missing from photo: **Greg Newton** 20yrs, **Richard Coates** 20yrs, **Glenn Streak** 20yrs, **Jane Keeler** 20yrs, **James Macphee** 25yrs, **Richard McDonald** 25yrs, **Carmen Moloughney** 25yrs, **Linda Ambrose** 30yrs, **Kimberly Morrison** 30yrs, **Chris Pritcher** 30yrs, **Joseph Foley** 35yrs, **Sam Marini** 35yrs, **Linda Pepler** 40yrs, **John McDiarmid** 40yrs, **Sandra McGrath** 40yrs



**Photo 2** 15+ yrs of service **Lifetime Members**

Cathy Spitzig (membership co-chair), **Roy Blair** 15yrs, **Peter Delaney** 40yrs, **Dennis Osmond** 20yrs, **Margery Toner** 15yrs, **Allan Haan** 15yrs, Shirley Spinks (president), Susan Dufault (membership co-chair)



**Photo 3** 20+ yrs of service **Ordinary Members**

**Gary Burke** 50yrs, **Roy Blair** (Sgt at Arms), **Ethel Pottery** 40yrs, **Derk Duermeyer** 60yrs, Cathy Spitzig (membership co-chair), **James Squance** 45yrs, **Harvey Renaud** 30yrs, **Anne Marie Renaud** 25yrs, Shirley Spinks (president), Susan Dufault (membership co-chair)

Missing from photo: **Megan McCarthy** 20yrs, **Reid Scharfe** 20yrs, **Richard Townsend** 20yrs, **William Acorn** 25yrs, **Terry Mcilvenna** 27yrs, **Gerry Dean** 25yrs, **Gary Ambrose** 30yrs, **Joseph Gionet** 30yrs, **Richard Ayer** 30yrs, **Paul Liddle** 34yrs, **Stewart Parrington** 30yrs, **John Stuart** 35yrs, **Moran McMahon** 35yrs, **Paul Slominski** 40yrs, **Lou Kabesh** 40yrs, **David Stinson** 50yrs, **William Robertson** 55yrs

### WWII Commemoration Tour in Holland (cont'd from pg 6)

Terry and Gladys Hunter paying their respects



## RECENT EVENTS

### Chinese Dinner-Dance, May 12

Photos by Simone Bachelor

A good-sized crowd enjoyed a delicious Chinese buffet on May 12. Music provided by *Arc of Fire*.



Petie Newton – \$100 winner of the first 50/50 draw for CHEO



Diane Power – \$150 winner of the second 50/50 draw for CHEO



The buffet line



Attendees enjoying their meal



Attendees enjoying their meal



Harvey & Anne Marie Renaud



## RECENT EVENTS

### Chinese Dinner-Dance, May 12 (cont'd)

Photos by Simone Bachelor



Dancing to the band Arc of Fire



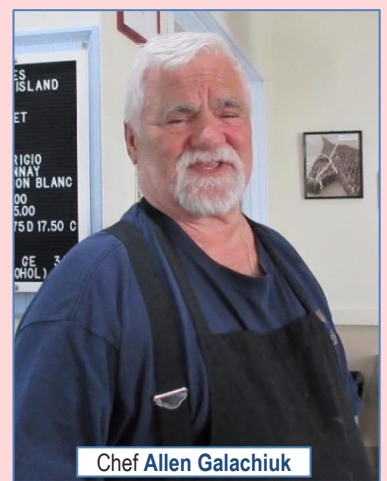
Dancing to the band Arc of Fire



Dancing to the band Arc of Fire



Bartender Dan Spitzig



Chef Allen Galachiuk

### Cook-your-own Steak Dinner, June 23

Photos by Simone Bachelor

A good crowd of hungry eaters got their delicious steak exactly the way they cooked it! Side dishes: baked potato, corn on the cob, vegetables, salads and beans. A good time and the weather was very enjoyable for the cook-your-own steak dinner on June 23.



**South Carleton Royal Canadian Legion  
Branch 314 Manotick  
Presents**

**THE HONOUR OUR VETERANS BANNER PROGRAM**

Throughout North America, cities, towns and villages have chosen various banner titles and names to represent many of their local heroes. The banner program will be an ongoing Remembrance, Culture and Legacy project that honours Military Veterans who have served, or continue to serve, in the Canadian and Commonwealth Forces.

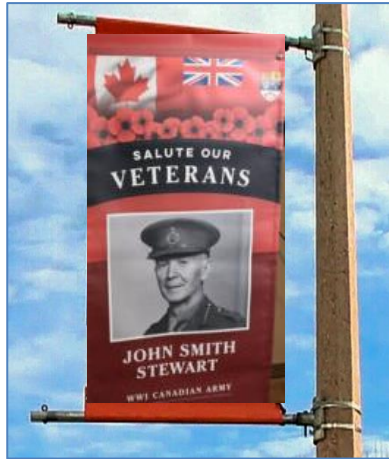
In the spirit of the meaning of  
“LEST WE FORGET”

**“IT SHOULD NOT BE  
FORGOTTEN”**

The South Carleton Royal Canadian Legion Branch 314 Manotick is proud to honour and show respect to our Veterans who have departed too soon but will never be forgotten. We would like to honour them as it is important for the next generation to know that these brave people sacrificed everything they knew and loved for all the liberties and freedoms we enjoy today, with the hope that the generations to follow may never repeat our past mistakes.

These banners will be proudly displayed in Manotick for a four to six week period.

This program is managed by a Canadian Veteran who works directly with project coordinators to make sure their program is a successful one.



**WE WILL REMEMBER**

The Veterans we are honouring can be from any military branch of service but must be deceased.

It should also be noted that the honouree does not have to be a member of the Royal Canadian Legion. Therefore we encourage anyone from our communities of:

**MANOTICK, RIVER SIDE SOUTH,  
KARS, NORTH GOWER**  
to participate.

If you or your family would like to honour a loved one, please visit us at the [Manotick Legion](#) where the applications and order forms will be available.

**IF YOU WOULD LIKE A VETERAN  
HONOURED FOR 2023 BANNER  
ORDER MUST BE RECEIVED BY  
JULY 31, 2023**

**Please contact the Manotick Legion to  
place an order or for more information  
we can be reached by  
Phone: 613-692-3243**

**Email: [rclbranch314@gmail.com](mailto:rclbranch314@gmail.com)**

Subject line: Banner Program

The BIA has generously committed to take care of the installation and removal process of the banners. Banners will be unveiled and enjoyed by all during Legion Week from September 19-25, 2023.

**BANNER DETAILS AND  
REQUIREMENTS**

Name desired on the banner.

Picture of the honourees head and shoulders.

Preferably in uniform (as pictured)

His / Her branch of service.

WWI , WWII, PEACEKEEPING, ETC

Military branch ARMY, NAVY, AIR  
FORCE, RCMP, ETC

Name of the person honouring the  
Veteran.

The Banners will have a title of  
“WE WILL REMEMBER”

Measuring 24 inches wide by 60 inches high, material is a heavy gauge vinyl with double-sided colour printing. The manufacturing cost of the banners is \$275.00 per banner including HST, shipping & handling as well as installation, removal and storage.

**The cost is the financial responsibility of either the honouree or through private or corporate sponsorship on behalf of the honouree. Full payment must be received when printing has been approved.**

We only print after the banner has been approved by our customers. It is very important that you are completely satisfied with the banner and the way it reflects on the Veteran and their service. Although the banners are owned by the customer, the Legion will keep them in storage. This will ensure they are safe and present at time of installation.

Please contact the Legion to  
place an order or for more  
information.

Phone 613-692-3243 or email  
[rclbranch314@gmail.com](mailto:rclbranch314@gmail.com)

**SPORTS CORNER**  
by **Dan Spitzig**  
613-692-8607  
[danspitzig@gmail.com](mailto:danspitzig@gmail.com)



**Bridge Drop-in:** Wednesday afternoon bridge is at 1:00 pm. All are welcome. ♠♣♦♥



**Euchre Tournaments.** The monthly Euchre tournaments will resume in the fall. We will be hosting a tournament on the first Saturday of the month from September to June.

2022/23 Zone & District **SPORTS** are open to all members in good standing.

**District Washer Toss.** District Washer Toss is taking place on Saturday, July 8, at Almonte Branch 240. We have three singles who qualified to represent our branch. Congratulations and good luck to **Kevin Yenson, Peter Delaney** and **Shawn Hawkins**.

**Provincial Horseshoes.** Provincial Horseshoes will be held on Saturday, August 12, hosted by Brighton Legion Branch 100. **Shawn Hawkins** and **Annette Blaedow** will be competing in the women's team event. Good luck Ladies!



**Fun Darts Tournament.** There will be a **Fun** Dart Tournament on Saturday, July 15, in Harmony Hall. Registration is at 12:30 pm, with play to begin at 1:00 pm. The entry fee is \$5 per player, and there will also be a quarter pot. Teams will be selected by a blind draw. Everyone is welcome.

**Thursday Night Dart League.** Another successful season of the Thursday Night Dart League wrapped up with the year-end banquet on Saturday, May 13 (see photos below). The league will be starting again on Thursday, September 7. Everyone is welcome.



Above (L-R), the team of **Joan Ellenor, Andy Moore, Ann Harris**, and (not pictured, **Tim Manwell**) captured both the regular season champions trophy (left) and the playoff champions trophy (right).

The "coveted" Toilet Seat, awarded to the team finishing in last place in the regular season. L-R: **Stephen Paquette, Barb Blair, Lorna Carr, Tony Deluca**

## UPCOMING EVENTS

(mark your calendar!)



### September Dinner-Dance

Saturday, September 30  
Chicken menu

Band: Snap, Crackle & Pop

### October Dinner-Dance

Saturday, October 28  
Hallowe'en Theme

Band: Arc of Fire

### November Dinner-Dance

Saturday, November 25  
Turkey and fixin's menu

Band: TBA

Contact the office at 613-692-3243 for tickets or more info.



## REGULAR EVENTS



**Friday BBQs** Come and enjoy a BBQ lunch on our patio. Every Friday from 11:30 am – 1:00 pm.



### Happy Birthday!!



*Birthday social convener,*  
**Sylvia McDonald**

Wishing all those whose birthday is in July or August a great day. We will be returning to our Birthday socials very soon – stay tuned!

### Next Executive Meetings

(usually held the 2<sup>nd</sup> Monday of the month)

**Monday, July 10, 7:00 pm**  
**Monday, August 14, 7:00 pm**

### Next General Meeting

(usually held the 3<sup>rd</sup> Monday of the month)

No meetings for July and August  
**Monday, September 18, 7:30 pm**

## YOUR MEMBERSHIP MATTERS

Please renew your membership if you have not already done so.

If you renew online, there is an option to have auto renew. Should you choose this option, you will receive an email reminder one month prior to the annual auto renewal as well as two weeks prior. Should your credit card they have on file for your renewal be about to expire, you would receive an email to that affect also, so no worries.

When renewing your membership, however you do it, remember to check if you missed any years. You can pay for years you missed. That way there will be no lapse in your years of service.

Parents, guardians, spouses, and adult children of serving retired or passed CAF and RCMP members who have not yet joined the Legion can now receive a first free year of membership at the Legion. This must be done online through the legion.ca website.

Sincerely, Comrades **Susan Dufault & Cathy Spitzig** Membership Co-Chairs

**New Members**  
Congratulations and  
Welcome to Branch 314!

**Kenneth Frey**, Ordinary member  
**John McKee**, Ordinary member  
**Janice Andovic**, Associate member  
**Ron Deluca**, Associate member

**Sharron Tuckey**, Associate member  
**John Van Schyndel**, Affiliate member  
**Sharon Van Schyndel**, Affiliate member  
**Robert Minty**, Affiliate member



**Our Legion survives on volunteers, and can't thrive without them.** Please contact the office if you are able to help out in any capacity – large or small. Thank you!!



**September - October 2023**  
Deadline to submit material:  
**Friday, August 25**  
Publish and mail out:  
**Friday, September 1**

On the lighter side  
**I'M CLOSE FRIENDS WITH 25 LETTERS OF THE ALPHABET, I DON'T KNOW Y.**

**WHAT'S THE DIFFERENCE BETWEEN A CAT AND A COMMA?  
ONE HAS CLAWS AT THE END OF ITS PAWS, AND THE OTHER IS A PAUSE AT THE END OF A CLAUSE.**

**I STAYED UP ALL NIGHT TO SEE WHERE THE SUN WENT. THEN IT DAWNED ON ME.**

**WHEN I WAS A KID, MY ENGLISH TEACHER LOOKED MY WAY AND SAID, "NAME TWO PRONOUNNS." I SAID, "WHO ME?"**

**PONDER THIS**  
If you want happiness for an hour — take a nap. If you want happiness for a day — go fishing. If you want happiness for a year — inherit a fortune. If you want happiness for a life time — help someone else.  
*Chinese proverb*

**MY SISTER IS READING A BOOK ON ANTI-GRAVITY, AND BOY, SHE CANNOT PUT THAT BOOK DOWN.**

**EIGHT VOWELS, 11 CONSONANTS, AN EXCLAMATION POINT, AND A COMMA APPEARED IN COURT TODAY.  
THEY ARE DUE TO BE SENTENCED NEXT WEEK.**

**THE PAST, PRESENT, AND FUTURE WALKED INTO A BAR.  
IT WAS TENSE.**

From <https://www.weareteachers.com/grammar-puns-jokes/>

Legionnaire co-editors: **Simone Bachelor & Mark Phillips**



If you have anything you would like published in the next newsletter, please e-mail it to [nurseladybee@gmail.com](mailto:nurseladybee@gmail.com)

We're always looking for photos, and we welcome suggestions for "Ponder This" and "On the Lighter Side".



[Editors' note: names in bold blue are Legion members (Comrades); other names are in italic blue.]